

Denver Online April Newsletter 2023

Thank you ALL for coming to Our Connection Days!



April

2023

PHOTOS FROM OUR 7TH-12TH GRADE CONNECTION DAYS! 6TH GRADE IS COMING IN MAY 1ST!



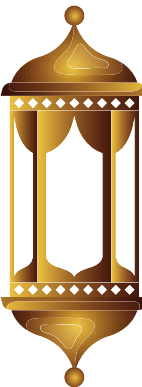
MONTHLY NEWSLETTER



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EXPERIMENTS, BONDING & LEARNING, GREAT CONNECTIONS WERE MADE!



Spring



...

DPS COLLEGE EXPO

...





DPS COLLEGE EXPO



Dani Riggelman Artwork at CCD

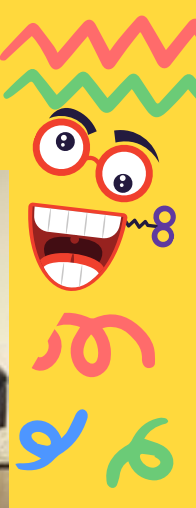




MORE PHOTOS FROM EVENTS



Connection Days, eSPORTS & EXPO Photos!



**DPS
EXPO**



**THANK YOU FOR
COMING!**





ATHENS & THE GREEK ISLANDS

Denver Online 2024



Denver Online is
going to

Greece 2024



COME TO OUR
INFORMATIONAL SESSION
APRIL 27, 2023
6 PM - 7 PM
PLEASE RSVP



[HTTPS://RSVP.EFTOURS.COM/
CB72Z9J](https://RSVP.EFTOURS.COM/CB72Z9J)



*ONCE YOU RSVP, WE WILL
SEND YOU A LINK TO THE
MEETING*

6th Grade Connection Day May 1st! RSVP!!



PLEASE RSVP

CONNECTION DAYS WILL INCLUDE:

- Team Building,
- Lunch & 1-1 Help with work.
- *No Live Sessions*

6th Grade -- 5/1/23
10 AM - 2 PM



Have questions speak to your Advisement teacher Or Ms. Sigala, Dean of Culture.

GiGi_Sigala@dpsk12.net

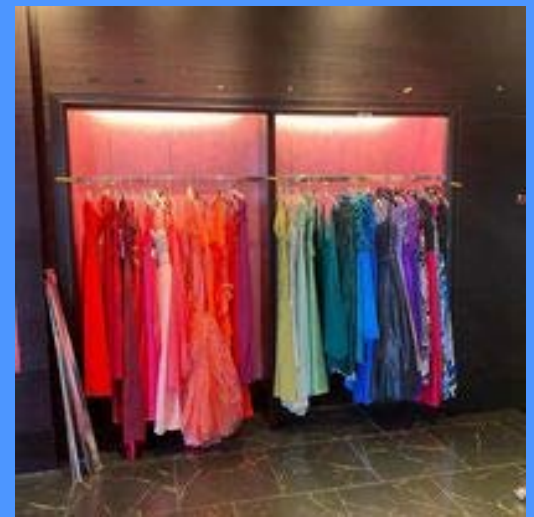
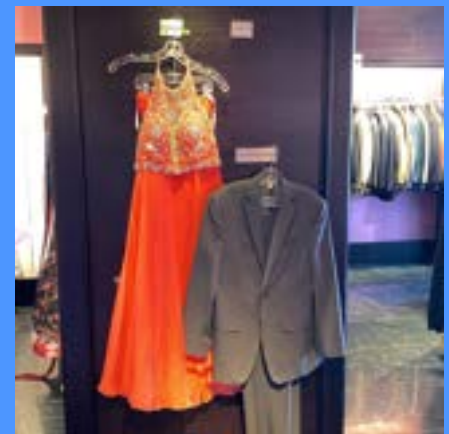
GREAT FUN WAITING FOR YOU!



Rylie's ARK

acts of random kindness

Thanks to Rylie's ARK for taking care of so many students--Giving them everything they need for Prom.



We thank you!

BE THE RIPPLE

ARK



Prom Dreams

DENVER ONLINE
HIGH SCHOOL
INVITES YOU TO

Night of Dreams

FRIDAY, APRIL 21 AT 7PM - 10 PM

.....

The Auraria Campus in the Tivoli Student Union
900 Auraria Pkwy, Denver, CO 80204
Suite #440~Adirondacks

Tickets are \$12.00 including parking code &/or \$15.00 at the door!

R.S.V.P BY APRIL 17, 2023

DENVER  ONLINE

DENVER ONLINE



Join us for a

**END OF THE YEAR PARTY
& ALSO SENIOR CAP & GOWN PICK UP**

to celebrate

Our 2022-2023 School Year



Wednesday, May 17, 2023
From 5:00 - 7:00PM
Denver Online School
4250 Shoshone St. Denver, CO 80211

Aztec Dance Performance, Tacos & Games
Please RSVP by May 9, 2023





CHARACTER • SCHOLARSHIP • LEADERSHIP • SERVICE

*Please join us for
Denver Online
National Honor Society
Induction*

MAY 17, 2023 at 6 PM

Denver Online Cafeteria

4250 Shoshone St.
Denver, CO 80211

Kindly RSVP by May 10, 2023
Contact Ms. Sigala if you have questions.



STEPS TO SUCCESS!

Goal setting planner



MY GOAL IS...

ACTIONS I CAN TAKE...

IT'S IMPORTANT TO ME BECAUSE...

WHEN/HOW OFTEN WILL I WORK ON THIS...

Don't give up

DENVER ONLINE



GRADUATION

Class of 2023

PLEASE ARRIVE BY 4:30 PM
We will start promptly at 5 PM

ALL CITY STADIUM
1500 S FRANKLIN ST
DENVER, CO 80218

STRAIGHT



OUTTA



MIDDLE SCHOOL CLASS OF 2023

PLEASE JOIN US FOR OUR 8TH GRADE
CONTINUATION

MAY 31, 2023, 6 PM - 8 PM

DENVER ONLINE
4250 SHOSHONE ST.
DENVER, CO 80211

DENVER  ONLINE

Be Kind to Yourself

Stay Active

Less Stress

Active April 2023

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

SATURDAY

SUNDAY

3 Listen to your body and be grateful for what it can do

4 Eat healthy and natural food today and drink lots of water

5 Turn a regular activity into a playful game today

6 Do a body-scan meditation and really notice how your body feels

7 Get natural light early in the day. Dim the lights in the evening

1 Commit to being more active this month, starting today

2 Spend as much time as possible outdoors today

10 Have a day with less screen time and more movement

11 Set yourself an exercise goal or sign up to an activity challenge

12 Move as much as possible, even if you're stuck inside

13 Make sleep a priority and go to bed in good time

14 Relax your body & mind with yoga, tai chi or meditation

15 Get active by singing today (even if you think you can't sing!)

16 Go exploring around your local area and notice new things

17 Be active outside. Dig up weeds or plant some seeds

18 Try a new online exercise, activity or dance class

19 Spend less time sitting today. Get up and move more often

20 Focus on 'eating a rainbow' of multi-coloured vegetables today

21 Regularly pause to stretch and breathe during the day

22 Enjoy moving to your favourite music. Really go for it

23 Go out and do an errand for a loved one or neighbour

24 Get active in nature. Feed the birds or go wildlife-spotting

25 Have a 'no screens' night and take time to recharge yourself

26 Take an extra break in your day and walk outside for 15 minutes

27 Find a fun exercise to do while waiting for the kettle to boil

28 Meet a friend outside for a walk and a chat

29 Become an activist for a cause you really believe in

30 Make time to run, swim, dance, cycle or stretch today



ACTION FOR HAPPINESS

Happier · Kinder · Together

Drink more Water

STAY ACTIVE

SELF CARE



JCC Denver Mizel Arts and Culture Center this summer has many opportunities. We have two shows scheduled for high schoolers to perform in or participate in tech; Puffs, Seven Increasingly Eventful Years at a Certain School of Magic and Magic (Play), AND, Something Rotten (Musical).

While these are tuition-based programs, financial assistance is available based on need and can be requested in our registration process!

We would love more students in both performance programs and have tech options available. Specifically, Rotten is looking for more students to run this summer.

Students can learn more about both shows [HERE](#) (scroll past the WTA jr shows).

<https://www.jccdenver.org/camps/wta/>



DENVER ONLINE EVENTS

MAY 1, 2023

6TH GRADE CONNECTION DAY!

MAY 8, 2023

SENIOR CHECK OUT

MAY 8TH - MAY 23RD

HS MAYESTER

MAY 17, 2023

**END OF THE YEAR
CELEBRATION!**

For more info visit:
<https://online.dpsk12.org/>



DENVER ONLINE EVENTS

MAY 24, 2023

**DENVER ONLINE
GRADUATION!**

MAY 24, 2023

Last day of Live Learning

MAY 25, 2023

**Memorial Day Holiday- No
school for staff or students**

MAY 31, 2023

**8th Grade Continuation at
Denver Online 6-8PM**

For more info visit:
<https://online.dpsk12.org/>

Meet Ms. Smith (she/her)

About Me

Hello!

You can call me Ms. Smith, Miss or Jaime. I am the Mental Health provider serving students with last names beginning with Mo-Z.

I have had the good fortune of working as a Social Worker at Denver Online for the past 11 years and I hope to stay for at least another 11! Over the years Denver Online has become a second home for me and many beloved staff members and students <3

When I am not working, I am usually with my three kids ages 9,11 and 12 and our dog.



Contact

Email:
jaime_smith@dpsk12.net

Phone:
720-460-0708

My Favorite

ANIMALS:
Dogs & Cats

HOBBIES:
Walking (without the dog)
Gardening, Reading, Camping
Cross-Country Skiing, Hiking &
Spending time with my Kids,
Friends and Extended Family.

FOOD & DRINK:
Tea & Sparkling Water
Anything smothered in Green Chili
Saag Paneer (or any Indian Food)

PLACES I'VE LIVED:
Denver (favorite)
Fort Collins, Boulder
Oakland & Chicago